

City of Alamo
JOB DESCRIPTION

JOB TITLE: Athletic Sports Trainer
DEPARTMENT: Parks & Recreation
DEPT. NO.: 1700
SUPERVISOR: Parks Director
FULL TIME:
PART TIME: X

DATE: May 14, 2025
SALARIED:
HOURLY: XXX
EXCEMPT:
NON-EXEMPT:XXX

JOB SUMMARY: An athletic sports trainer's job description generally involves preventing, diagnosing, treating, and rehabilitating sports-related injuries, while also working to promote overall health and wellness among athletes. They provide on-field emergency care, apply protective devices, develop rehabilitation programs, and work collaboratively with physicians, coaches, and other healthcare professionals.

ESSENTIAL JOB FUNCTIONS: Provide athletic trainer coverage for our summer TAAF track program.

OTHER JOB FUNCTIONS: The Athletic Trainer will be present at athletic track contests and practices and shall attend other post-season and home-hosted contests as directed by the Parks Director. The Parks Director, as necessary, shall modify duties.

- Provide first aid and injury assessment/treatment/rehabilitation/reconditioning for City of Alamo track participants.
- Maintain communication with parents on the care and treatment of their student-athlete.
- File all necessary reports associated with athletic injuries and/or incidents.
- Thinks and promotes "Safety" at all times.
- Maintain a daily treatment log.
- Keep daily inventory of all equipment and supplies, reporting any supplies needed for daily operations to Parks Director.
- Perform other job-related tasks as assigned.

WORKING CONDITIONS AND PHYSICAL DEMANDS:

- Must be knowledgeable and capable of properly using program specific equipment, facilities, and teaching aides.
- Must be in good or excellent physical condition, mobile and agile.
- Must be alert, active, responsible and mature individual.
- Job normally requires some physical effort limited to items weighing 20-30 lbs. and standing and walking from place to place.
- Employee works outdoors, irregular hours or shifts. Employee is exposed to hazards which might result in burning of the skin. Work involves normal weather changes. Work involves sitting, standing and demands physical strength and agility normally associated with sports performance.

REQUIRED EDUCATION, DEGREES, AND CERTIFICATES AND/OR LICENSES:

- Maintain current certification and continuing education requirements as set forth by the National Athletic Trainers Association.
- Maintain current certification in CPR/Emergency Cardiac Care.

EXPERIENCE, TRAINING, KNOWLEDGE AND SKILLS:

- Athletic trainers need a blend of technical skills, such as injury prevention, assessment, and rehabilitation, along with strong interpersonal and communication skills. They must also be detail-oriented, adaptable, and able to handle emergencies calmly.

As evidenced by my signature below, I have read my job description and have fully understood my duties and responsibilities related to my employment with the City of Alamo. I also acknowledge that I am qualified to perform these duties and, with or without reasonable accommodation, can perform the essential functions of this position as described. Further, I understand that if, at any time, I am unclear as to what my job duties and responsibilities are, or what is expected of me, I will notify management to interpret these duties and expectations.

Employee (print name): _____

Sign: _____

Date:
